



FRANCISCAN SISTERS OF MARY, HOSADURGA

286 Book of IV 2001-02



ANNUAL REPORT 2023-24

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Message of Regional Superior



We, the FMMs (Franciscan Sisters of Mary, Hosadurga) are on a moment of transition and transformation. It is a special time for us where we are searching together for a renewed response to the emerging challenges of the society and planet.

All the units of Franciscan Sisters of Mary, Hosadurga Trust located in different districts of Karnataka have been contributing towards the welfare and development of the society through social development, environmental protection and promotion activities, family development and educational services. Nisarga unit in Chitradurga district has been involved in social development for many years and has been always in forefront as a beacon of light for many. Even today it is fostering personal and collective growth, promoting wellbeing, creating environment that support the full potential of individuals and groups. The specificity of Nisarga is that "doing something together and working collaboratively" which in turn has a great impact on the society. The staff of Nisarga along with the administration, work diligently to secure resources, access networks and execute local projects.

Prathyasha unit makes its unique contribution in the society through social development and educational activities in Gulbarga District. Addressing the needs of women and People with Disability through participatory community activities and forming responsible citizens through quality education, Prathyasha makes important imprints on the progress of the society. Family development interventions and quality educational services of sisters of Navajeevan and O L Nativity units in Udupi district are definitely remarkable contributions towards building a value-based society.

I take this opportunity to thank the entire staff of all the units for your collaborative efforts to be problem solvers, critical thinkers, facilitators, organizers, planners and educators, thus being agents of change.

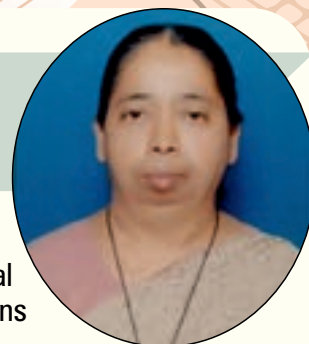
At this juncture I recall with gratitude Sr. Zita, who rendered her service as Managing Trustee for the past 10 Years, Sr. Smitha D Souza who responsibly carried out her role as the Director of Nisarga unit for the past four years and Sr. Nancy Lobo, Director of Prathyasha for six years and Srs. Saleth Mary and Bridget Madtha as Trustees.

Thank you, Zita, for being supportive, resourceful and committed in your leadership role as Managing Trustee. A big thank you to all of you for your sincere and dedicated services and wish you a fruitful journey of life in service in the new venues of your commitment.

I genuinely welcome Sr. Nancy Lobo as the new Managing Trustee and all the other Trustees for the coming years ahead. May the continual blessings of the Lord be upon all of you.

Mary John Muringassery
Regional Superior
Nazareth Region

Message of Managing Trustee



The year 2024 is the International Year of Camelids (IYC 2024). The United Nations General Assembly designated the year to highlight the importance of camelids to the lives of millions of people around the world. The year aims to:

- Raise awareness of the role of camelids in food security, biodiversity conservation, and ecosystem protection
- Highlight the importance of camelids in adapting to climate change
- Promote the adoption of innovative practices and technologies

Today, the humanity and universe are tangibly experiencing the climate change and its impacts. With close to 6.96 million hectares of land undergoing degradation and desertification, Karnataka is the fifth biggest contributor to the total geographical area under degradation in India.

Karnataka is vulnerable to climate change and faces many challenges, including:

- **Drought:** 54% of Karnataka is prone to drought, and 88 of the state's 176 taluks and 18 of its 30 districts are affected.
- **Agriculture:** Over 50% of the state's population depends on agriculture, and more than 80% of the farm lands are rain fed.
- **Low soil organic carbon (SOC):** More than 50% of farmland in Karnataka is having low SOC due to indiscriminate use of chemical fertilizers.

Semi-arid climate and frequent droughts are becoming routine seasonal experiences. Besides the climatic changes, increased chemical interventions in the agriculture and food production is an alarming threat to human and soil health. Hence the Year of Camelids is a clarion call to humanity to restore biodiversity, ecosystem and food safety and security.

In this context it is heartening to present the report of efforts of Franciscan Sisters of Mary, Hosadurga Trust to journey with the local communities and groups of farmers, women, youth and children to make them aware of the need to defend the planet and human life; and the concrete interventions to protect the natural resources through watershed development activities and Natural Farming. I gratefully acknowledge and appreciate the hard work and effort of each unit in making the mother earth a beautiful place to live in.

On this occasion, I want to express my deepest gratitude to Sr. Zita D'Souza, the previous Managing Trustee and Sr. Smitha D'Souza, Director, Nisarga for their dedicated service and leadership in the past years. Their enthusiasm, wisdom, and unwavering commitment have been source of inspiration to all of us. The Trust has undergone a visible transformation through organizational development process and updating with the legal compliances under their efficient guidance.

A big thank you to you and all the very best for all your future endeavours, on behalf of all the units of Franciscan Sisters of Mary, Hosadurga.

Nancy Lobo
Managing Trustee

Message of Director, Nisarga



"As we work to create light for others, we naturally light our own way."

The above profound quote of Mary Anne Radmacher highlights how sharing light to brighten lives around us illuminates one's life from within. Spreading light requires sacrifices; be they time, energy, skills or acts of kindness. Everyone can make small sacrifices or go the extra mile for the benefit of others, creating a better world together. By shining light onto others and spreading the love around, we reinforce their importance while simultaneously remind ourselves of our values.

Everyone has the freedom and opportunity to assume this responsibility of sharing light to brighten lives around them, particularly of those who are poor, marginalized and underprivileged, which will eventually illuminate one's own life. Every work that we take up should lighten the darkness within and of the people. As I look back into the past years, I am filled with gratitude to the one who placed me in NISARGA to render my service to the people around. I confidently say that giving myself generously has given me greater and countless blessings in life. It is a quiet rewarding experience started a few years back in NISARGA, a unit of Franciscan Sisters of Mary, Hosadurga.

The vision of the organization 'an integrally developed just and equitable society living in harmony with nature' has given a push towards working selflessly along with all the hurdles that came on my way. It was quite interesting to work and collaborate with different teams of the organization; staff, donor agencies, individual benefactors, volunteers, friends, supporters, line departments and stakeholders; without whom I could never strive towards our vision. I remain ever grateful to all those who joined hands with us on our journey, particularly NABARD, APPI, TISMO, APD, Dhwani Foundation, Dr. Gerard Robert Abreo, staff, supporters and the Board members for their unwavering support in all the undertakings of NISARGA. I am also grateful to the bankers, line departments, local self-Government, village leaders and the beneficiaries for their collaboration in implementing various programs and projects successfully.

As I take leave from NISARGA as its Director, I wish the newly appointed Director and the Board of Trustees, Advisor and NISARGA Team good luck and success. May your dreams become a reality with hard work, perseverance and determination. Let your passion and commitment lead you to greater accomplishment. As you embark on the challenge of creating light for people around, may you experience your lives being brightened and enhanced.

Sr. Sunitha Smitha D'souza
Director, Nisarga

02. PROFILE OF FRANCISCAN SISTERS OF MARY, HOSADURGA

Franciscan Sisters of Mary, Hosadurga ® is a Non-Profit Charitable Trust started in 1998 and registered under Indian Trust Act in 2001; and holds legal compliances such as FCRA, 80 G, 12AA and Registration for undertaking CSR activities.



VISION

An integrally developed Just and Equitable society living in harmony with nature



MISSION

Restoring the dignity of the poor and the marginalized through the process of empowerment and promoting sustainable environment



VALUES

Justice, Peace, Equality, Human Dignity, Holistic Development, Ecological Harmony

FOCUS GROUPS

Children	Orphans	School Drop-outs
Adolescent	Delinquents	Senior Citizens
Women	Migrants	Persons with Disability
Youth		People Living with HIV/AIDS
Small/marginal farmers & their communities without distinction of caste and religion		

OUR SERVICES

Education	Counselling	Natural Resource Management
Trainings/Workshop	Agrarian Activities	Health Related Activities
Knowledge sharing	Renewable Energy options	Community Based Rehabilitation
Scholarship	Soil & Water conservation Activities	Livelihood options
Skill Development		

OUR APPROACH

Community Mobilization: Formation and Capacity Building of Community Based Organizations

Collaborative: Convergence with the Line Departments and other Organizations/Institutions

Environmental Sensitive: Educating and Encouraging the Protection and Promotion of Ecology

Partnership Centred: Planning, Implementing, Monitoring and Evaluating with the Stake holders

Gender Sensitive: Ensuring the Participation of Girls/Women at all Levels in all the Activities

Franciscan Sisters of Mary, Hosadurga Trust works in three Districts of Karnataka Through its four units:

- I. Nisarga – Hosadurga Taluk, Chithradurga District
- II. Prathyasha – Chincholi Taluk, Kalaburgi District
- III. Navajeevan – Karkala Taluk, Udupi District
- IV. O. L. Nativity – Udupi Taluk, Udupi District



1. NISARGA

NISARGA - a unit of Franciscan Sisters of Mary, Hosadurga works in 24 Grama Panchayats of Hosadurga and 02 Grama Panchayats of Holalkere Taluk of Chitradurga District, for the empowerment of Women, Children, Youth and Farmers without any differentiation of caste, creed and gender.

PROGRAMME HIGHLIGHTS

01. WOMEN EMPOWERMENT PROGRAM

Our society can truly prosper when all its members, irrespective of gender, have equal opportunities and rights. The education and empowerment of women throughout the world is a sure means to create a more caring, tolerant, just and peaceful life for all because empowered women contribute to the health and productivity of families and communities and improved prospects for the next generation. Therefore, women empowerment has been the primary priority of the organization since its inception in Hosadurga Taluk. The activities undertaken for the empowerment of women during the year are:

A. Trainings:

Trainings and information dissemination go a long way in achieving the desired goal. It helps in raising the status of women, to develop their potential to live as independent and equal partners. Therefore, based on the need assessment, the following trainings were organized. 9920 women who are the members of 411 SHGs, 16 Cluster and 01 Taluk Level Federation have participated in the trainings.

Sl. No.	Topics	Trainings	Participants
01.	IGA/EDP	04	89
02.	Menstrual Health	05	130
03.	Financial Literacy/Management	07	164
04.	Health & Hygiene	08	212
05.	SHG Concept/Goal & Objectives	08	114
06.	Office Bearers' Role & responsibility	11	278
07.	Right to Vote	17	417
08.	Government Schemes & Benefits	22	540
09.	Persons with Disability	23	581
10.	Documentation	26	653
11.	Leadership	29	730
12.	Domestic Violence & Women Rights	30	751
13.	Organic Farming	31	783
14.	Updating of Personal Documents	33	833
15.	Cancer & Coronary Artery Diseases	36	894
16.	Environmental Protection	36	899
17.	Importance of Millets	37	913
18.	Nutritious vs Junk Food	38	939
TOTAL		401	9920



B. Facilitation for availing Government schemes and benefits:

Government schemes and benefits play a crucial role in promoting social and economic well-being of various sections of society. They serve as instruments in improving the quality of life of all and particularly the weaker sections of society as they contribute to economic progress by stimulating investment, employment generation and infrastructure development. Hence the trainings, dissemination of information and motivation helped SHG and federation members to avail the following schemes and benefits from the line departments.

Sl. No.	Schemes & Benefits	Units
01.	Agricultural equipment/machine	59
02.	Agricultural Inputs (Seeds/Fertilizers)	630
03.	Basava/Ashraya/Ambedkar Vasathi Yojana	07
04.	Cattle Shed	06
05.	Fodder cutter	03
06.	Forest/Horticulture Saplings	140
07.	Kitchen Garden	90
08.	Marriage Support	01
09.	Ration/Labour/Hasiru Dala Card	11
10.	Rain water Percolation Pit	04
11.	Scholarship	02
12.	Sprinkler sets	11
13.	Swachh Bharat/Toilet	02
14.	Widow Pension	03
15.	Xerox Shop	01



C. Credit Linkages for SHGs:

Women become effective change agents when given opportunities and resources to establish and expand their own micro enterprises. It contributes significantly to the family income which makes its impact on local communities. Therefore, facilitation of credit from financial institutions to SHGs for self-employment, productive and income generative activities is an integral part of the women empowerment. 312 SHGs have availed Rs. 8,06,40,000/- for agriculture, dairy farming, sheep/goat rearing, flour mill, petty shop, bakery, petty business, vegetable/fruit vending, tailoring etc during the year.

Sl. No.	Source of Credit	No. of SHG	Amount
1.	Nisarga Mahila Maha Okkutta	12	24,50,000.00
2.	Nisarga Swashakthi Souharda Swasahaya Sahakari Niyamitha	43	1,07,30,000.00
3.	Grama Panchayath (Sanjeevini Scheme under NRLM)	171	2,60,20,000.00
4.	Banks	86	4,14,40,000.00
	Total	312	8,06,40,000.00

D. Motivation for participation in Ward/Grama Sabhas:

People's participation is the foundation for sustainable development through good governance at the grassroots. Hence the SHG women are constantly motivated for active participation in the Ward/Grama Sabhas of the local self-government. These Ward/Grama Sabhas have provided women a platform to discuss the following issues and needs pertaining to both community and individuals.

Sl. No.	Issues	No.
1.	Anganwadi Building	01
2.	Ashraya House	02
3.	Government Schemes & Entitlements	03
4.	Cattle Shed	01
5.	Kitchen Garden	01
6.	MGNREGA Work	02
7.	Mid-Day Meal Room	01
8.	Potable Drinking Water	07
9.	Quality of Community Infrastructure Works	01
10.	Road Repair	01
11.	Social Audit	01
	Total	21



E. Resolving community issues:

Participation of the people is essential for the integrated development of communities. Enabling people to identify and address the issues that affect their lives, empowers the communities to promote the well being and peaceful atmosphere in the community. SHG members were motivated to identify and resolve the following issues and concerns of the local communities.

Sl. No.	Issues	No.
1.	Cleanliness Drive	06
2.	Drainage Cleanliness	01
3.	Liquor Sale in the Village Vicinity	01
4.	Street Light	01
5.	Transport Facility to the Village	01
6.	Unhygienic School Surrounding	01



F. Celebration/Observation of important National/International days:

96 events of national and international importance have been observed during the year. These celebrations and observation of significant days have been occasions to bring people together for commemorating historical events and cultural traditions. It also created awareness in the women on important issues of concern; to mobilize resources to address global problems; to celebrate and reinforce achievements of humanity; and to foster a sense of unity and harmony in the community. The important days organized are:

- | | |
|-----------------------------------|-------------------------|
| ★ Ambedkar Jayanti | ★ National Voters Day |
| ★ Breast Feeding Week | ★ Nutritious Food Week |
| ★ Children's Day | ★ Republic Day |
| ★ Constitution Day | ★ Teachers' Day |
| ★ Girl Child Day | ★ Women's Day |
| ★ Human Rights Day | ★ Workers' Day |
| ★ Independence Day | ★ World Environment Day |
| ★ International Day of The Family | ★ World Health Day |
| ★ International Nurses Day | ★ World Malaria Day |
| ★ Kannada Rajyotsava | ★ World Ozone Day |
| ★ Gandhi Jayanti | |



G. A Successful Entrepreneur formed by Self-Help Group



Chandrakala (41 years) is a member of Nisarga SHG in Nagaragere village of Hosadurga Block from its inception in 2008. Her family consists of her husband and two sons. They have three acres of dry land. Since the family expenses could not be managed with the limited income from the land which could be cultivated only if there is rain, the couple migrated to Bengaluru in 2012, leaving the children with her elderly mother. But she made her regular monthly visit to her village and attended the SHG meetings.

Chandrakala who is educated up to PUC worked as an accountant in 'Water world Technology' and her husband Shivayya worked as driver in the company. The trainings and awareness sessions received through the SHG had enabled her to have a wider vision of the society and sustained a goal in her to start self-employment to support her family. The couple saved the earnings from their work in Bengaluru over seven years and returned to their own village in 2019.

They planned to start a plant nursery. They started one in Sreerampura and another in Belguru with an initial investment of ten lakh rupees in 2020. They had the savings of seven lakh and took one lakh rupees loan from Jiva okkootta (Federation of SHGs) and Rs. 50,000/- from Nisarga SHG. The couple has employed five persons in their nursery – two

women who earn Rs. 300/- per day and three men who earn Rs.400/- per day. The two nurseries bring monthly income of three lakh rupees. Further, Chandrakala has bought a site in Kellod to begin a high-tech nursery.

Her sons are doing their BA and PUC respectively. She feels quite proud and grateful for the knowledge, trainings and financial support she received from the SHG and federation that enabled her to be a successful entrepreneur; to provide employment for five persons and for the socio-economic development of her family.



02. CHILDREN'S CLUBS



When children grow up in a nurturing environment, have opportunities to learn, interact and build relationships with other children, they are more likely to reach their full potential. The opportunities and care given to the children today is a sure means of creating a better world for tomorrow. So, 420 children from 12 villages were facilitated to form 12 children clubs during the year. Every Saturday children came together and engaged themselves in enhancing their life skills through: Leadership development, awareness on Child Rights, Moral Stories, classes on Etiquette, awareness on Gender sensitivity, Health & Hygiene, Healthy Food Habits, sensitivity towards People with Disability, General Knowledge/Riddles, awareness on Mass Media & Communication; Safety Measure in Travel and Use of Electrical Gadgets and by sharing Local to International level news.

Motivation and opportunities were given to children to creatively organize and participate in the special events such as: World Nature Conservation Day, National Sports Day, World Ozone Day, Indian Air Force Day, Constitution Day, World Disability Day, National Human Trafficking Awareness Day, International Childhood Cancer Day.



They also saved their pocket money for the educational expenses of the next academic year; engaged in games, singing, dancing and acting. At the beginning of the academic year 2023-24, each child was provided with a school bag and note books. The summer camp in April 2023 and the Children's Clubs Sangama (get-together) in September 2023 were special occasions for the children to come together, display their talents and cross learning.

The above activities have provided opportunities to the children of 12 clubs to enhance learning, cultivate a different perception of life, showcase and groom their talents, shape their interests and hobbies, develop their leadership and social skills.



Children's Club that motivated for life



Vidhin (21 years) is a new employee in "Relyon" 'Vision for Tomorrow', working under GST section, in Bengaluru. He was employed through campus selection while he was in his final semester of BCA in Davengere University College. When he looks at his life today, there is a long transformative journey he has come through.

Vidhin is the only child of his parents Vishala and Kantharaju from Tharikere, Chikmagalur district. As a little boy, he had been very naughty and uncontrollable. Too disobedient to be guided by anyone. So, the couple entrusted him to Vishala's elder sister in Anivala village of Hosadurga Block. He was admitted in the local government school. At that time, NISARGA had initiated children's club for the government school children in that village, aiming at their integrated development. Children were engaged in various activities on Sundays to develop their leadership qualities, to instil moral values in them and to be responsible citizens sensitive to others in the society. As a third standard student, Vidhin joined the Children's club and the two-

days long summer camps from 2012 to 2016.

Being part of the club brought vivid changes in little Vidhin. He became more disciplined. Learned to respect and obey the elders; got motivation to study well and began to save his pocket money through the club's thrift programme – saving any amount two to ten rupees per week to utilize for the next academic needs. He completed his high school and pre-university studies with flying colours. As a BCA student he had campus selection for the job. While working, he wrote the final semester exams and secured 96% marks. Presently, he earns Rs.30,000/- and has registered himself to do MCA along with his job. He is grateful to acknowledge the early formation he received through the children's club that has brought this discipline to his life.



03. SCHOLARSHIP PROGRAM

Higher education is viewed as an engine of social mobility and opens new opportunities for students from disadvantaged backgrounds. Scholarships enable financially disadvantaged students to access quality education, enhance their employability and higher income. In order to provide an opportunity to talented and meritorious children, scholarship was given for 30 students through the assistance of TISMO Technical Solutions during the academic year 2023-24.



Sl. No.	Stages of Education	Students
01	Schooling	01
02	PUC	01
03	BA	01
04	BSc (Horticulture)	01
05	BSc (Radiology)	01
06	Nursing (BSc/GNM)	11
07	Diploma (Pharmacy)	01
08	M Com	01
09	Paramedical	05
10	ITI	01
11	Diploma (Electronics/Civil)	03
12	BE (Mechanical/Electronics/Civil)	03
Total		30



TISMO Scholarship: Support in pursuit of life dream

Sudharani is the second child of Sumithra and Parameshwarappa from Ajjikamsagara village of Hosadurga Taluk. When she was studying in second standard, she lost her mother. Her father got married again to her aunt (Sumithra's younger sister) Hanumakka so that the children will be cared well. Hanumakka was educated and was working in a garment factory in Bengaluru. Sudharani was member of Jnanajyoti Children's Club under Nisarga which was formed in 2009 in her village. She was studying in fourth standard at the time and continued to be an active member until 2011. It contributed greatly towards Sudharani's personality development. She used to save five to ten rupees per week in the club. She was good at her studies and had a clear goal in her life to complete her studies well and to earn a job to support her family.



Parameshwarappa was an alcoholic and his income from the work as daily savings collector of VSSN bank was insufficient to sustain the family. Hanumakka became a caring mother for the children and supported the family by earning a steady income from engaging in tailoring. She also joined the Sreelakshmi SHG under Nisarga in which her sister Sumithra was a member from its onset in 2014. Hanumakka worked hard to educate Sudharani and Mallikarjuna.

Meanwhile, the sickness and treatment of Parameshwarappa who was affected with throat cancer and the education expenses of Sudharani doing her BCom and Mallikarjuna doing his BSc Forestry were adding economic crisis to the family. Hanumakka had to take a hard decision to discontinue the education of Sudharani who was in the final year of BCom and to send her to work in Bangalore so that Mallikarjuna could pursue his MSc. Sudha yearned to complete BCom and to do her higher studies. Hanumakka shared her concerns and pains in her SHG and they sanctioned a loan to complete her BCom. The field staff of Nisarga helped her to apply for the TISMO scholarship through NISARGA for higher education. Sudharani was selected for the scholarship and completed her MCom in 2022-23. She prepared and appeared for Chitradurga DCC Bank employment test. Presently she is waiting for the result and has joined in the village government school as a guest teacher. She is teaching since June 2024 for Rs. 10,000/-

She acknowledges her gratitude towards NISARGA and TISMO scholarship which enabled her to pursue her dreams.

04. Early Intervention & Early Education

Nisarga initiated the identification of children with Developmental Delay (0-8 years) in preparation for early intervention and early education programme. The following activities were carried out by Nisarga in collaboration with Association of People with Disability (APD) during the year:

- Survey of children with developmental delay
- Staff capacitation training
- World Disability Day observation & awareness creation in 9 villages
- Distribution of free wheelchairs for 29 PwDs



05. WATERSHED DEVELOPMENT PROGRAMME

Conservation, regeneration and use of land and water resources through the implementation of integrated watershed programs has been an ongoing activity. It is an effective mechanism to restore the ecological balance by harnessing, conserving and developing degraded natural resources such as soil, vegetative cover and water. The outcomes are prevention of soil run off, regeneration of natural vegetation, rain water harvesting, recharging of ground water table and

introduction of diverse agro based activities, which help to provide sustainable, livelihoods to the people. During the second year of the project - Protection of Ecology and Environment through Integrated Watershed Development in Doddaghatta Gram Panchayat, 82 hectares of land of 64 farmers have been treated with soil and water conservation activities.

A. TRAININGS

Sl. No.	Trainings/Exposure	Participants
1.	Exposure Visit to Shivanegere Watershed area	40
2.	Training on Integrated farming for Demo plots	14
3.	Exposure visit to Integrated natural farming plot	14
4.	Training on Climate Change Adaptive Agriculture – (2)	80
5.	Entrepreneurship Development	46





B. Soil & Water Conservation



Watershed Area Farm Treatments		
Particulars	Unit	Volume
Trench cum Farm Bunds	m ³	12391
Loose Boulder Checks	mtr	90
Rubble Checks	mtr	84
Rock filled Dams	mtr	24
Boulder Outlets	No.	94
Farm Pond	No.	02
Horticulture	No	840
Forestry	No	1390
Bund plantation seeds	kg	388



C. Livelihood support for Landless families



51 Landless families under the watershed area were supported for livelihood activities to increase their income. Petty shops, sheep/cow/buffalo rearing, poultry, chicken shop, barber saloon, tailoring, etc. are the activities taken up by the beneficiaries.



D. Convergence

Schemes/Benefits	Households	Department
Tarpaulin	04	Agriculture Department
Food crop seeds	10	" " " "
Sprinkler sets	04	" " " "
Solid waste tubs	261	Grama Panchayat
Percolation pits	08	" " " "
Cow sheds	10	" " " "
Ujwala Scheme	01	" " " "



E. Monitoring Visit from APPI

Mr. Nelson Kavala, Program Lead of Azim Premji Foundation for the Watershed programme visited the Project area, observed the activities and interacted with the farmers of the project area.



F. Special Days Observed:

Sl. No.	Special Day	Participants
1.	Environmental Day	35
2.	World AIDS Day	45
3.	World Disabled Day	50
4.	Nutrition Food Week	29
5.	Republic Day	55



G. Case Study: Handholding to revive the livelihood

Rangasamy (35 years old) is a landless resident of Duggavara village, under Duggavara Watershed area, Hosadurga Block, Karnataka. He has wife and two sons. Children are studying in 7th and 5th standard in the village government school. He belongs to Savithaa community and his family's clan occupation has been barber. His father



Ramachandrappa was the village barber who used to go around the village, carrying his instruments on foot and do hair cutting and shaving for the villagers. Experiencing the utter poverty at home, Rangaswamy learned the same trade after his 9th standard education and began to work in a salon in the next town.

Later, he got married to Kavya and was settled. But he had to leave the work and to get away from the village in 2017 due to heavy debts and did all odd works as a coolie worker to sustain his family.

It was at this juncture, Rangaswamy's wife Kavya who was a member of Shri Kotakkal Rangaswamy SHG under NISARGA was given a loan of Rs. 75,000/- from the SHG in 2020. This enabled

Rangaswamy to start a small salon in Duggavara village itself. It was put up in the plot of another person because it was on the roadside and accessible for people. He was hardworking and began to do well in his trade and began earning a steady income. NISARGA staff also helped Kavya to get the loan under National Rural Livelihood Mission (NRLM) to begin a food processing unit.

Meanwhile, in 2023, the owner of the land where the salon was put up, constructed his new house and demanded Rangaswamy to vacate the plot. This displacement caused him to lose job as there was no place or capital to put up the salon once again. His own house repair also added to the burden.

At this time, the livelihood support for the landless beneficiaries of Duggavara Watershed Development Programme under NISARGA was distributed in Feb 2024. Rangaswamy was selected as one among them. The support enabled him to make a salon near the school campus with the permission of the village committee.

Presently, Rangaswamy has a steady daily income of Rs. 1500-2000. He and his family are quite happy and contented.



06. JIVA Project (Pilot Phase)



"Agriculture has an integral relationship between soil, water and plants; between soil, microbes and waste materials; between plants, insects and other animals; between agricultural fields, water sources and village-forest ecosystems; between humans, Nature and God..... Hence the purity of thought, emotions and actions of every individual in the community contributes to creating, or destroying, the delicate balance

of Existence." [Manjunath H. Agriculture Yesterday, Today and Tomorrow, pg-6].

JIVA project is Natural Farming intervention in the Siddagondanahalli Watershed area, after the completion of Watershed Development Programme by NABARD.

55 farmers from Balenahalli, KP Halli and Varadharaj Nagar initiated the natural farming activities in half/one/two acres of their farm in the Pilot phase of JIVA. The main components under the project were:

- Enabling natural farming transformation practicing farmers and Capacity building of
- Crop diversification & intensification
- Regeneration of soils and improving moisture/ common landscapes)
- Strengthening & integrating livestock systems
- Nutrition sensitive agriculture & homesteads
- Value addition, PGS certification and marketing /Strengthening and stimulating local circular economies
- Documentation of Local & traditional farming methods/natural farming practices.



A Dream Fulfilled

Yogamurthy S/O Kenchappa from Balenahalli is a 35 years old enthusiastic young farmer and one of the lead farmers in JIVA Project. He lives in joint family system in this modern age where nucleus families are the trend.

He had been an active farmer during the implementation of the watershed programme. He came forward eagerly to adopt Natural Farming method when it was introduced through JIVA Project. He learned and prepared various bio-input preparations and applied in his farm; he also visited other JIVA farmers' plots as a responsible Lead farmer and helped them to prepare the bio-inputs and to cultivate different models of vegetable plots.



It was the great dream of Yogamurthy, to have a country chicken – poultry unit with 100 fowls. He is already on half the way to fulfil his dream as he has 45 chickens in his hand-made shelter. He opted to take up poultry unit under the component of Strengthening & integrating livestock of JIVA Project pilot phase. He began with 16 chickens (12 chicks, 3 hen and one cock) in September 2023 and by Jan 2024 he bought 5 more hens and one more cock. He built a shelter for the unit by his own effort by purchasing materials costing Rs. 28,300/- as his contribution.

Presently, he has a total 45 chickens in his unit (Hens – 9, cock – 6, medium grown chicks-15 & chicks – 15), in spite

of losing 5 chicks snatched by mongoose. He gets an average 5 eggs daily. So far, he got 185 eggs from the unit. Among it, 130 eggs were kept for hatching as his target was to have 100 chickens; but due to the excess heat, only 45

were hatched while the rest of the eggs were rotten. He uses the eggs for regular house consumption. Organically cultivated vegetables and the desi eggs ensures the family members' health according to him. He also sells the eggs in the neighbourhood for Rs.15/- each.



Yogamurthy is extremely happy about the outcome of his poultry unit which is progressing well and brings nutrition to his family and soon which will be a good income source too.

SILVER JUBILEE OF NISARGA (1998-2013)

NISARGA, the social work centre/unit of Franciscan Sisters of Mary, Hosadurga initiated its service in Hosadurga Taluk in June 1998 under the leadership of Sr. Levenis D'Souza along with three other team members. Its journey evolved over the past 25 years from working with women, children and health services to working with farmers and protection and promotion of environment through a number of watershed development projects and natural farming programme.

The jubilee celebration was organized on 20th May 2023 in the presence of pioneers, all the sisters, staff, local community and special invitees. A souvenir tracing the 25 years of saga of Nisarga was released on the occasion.



NISARGA TEAM



MEDIA COVERAGE



AWARDS AND RECOGNITIONS TO NISARGA



II. PRATHYASHA - CHINCHOLI

"Be the voice of those who don't have one"

PRATHYASHA - Centre for social transformation was established at Chandapur, Chincholi Taluk of Kalaburgi District in 2006. Its operational area is 30 villages, 17 Grama Panchayats and 1 Town Panchayat. The focus groups of Prathyasha are women, children, Adolescent girls, delinquent, Orphans, school dropouts, people with HIV/AIDS and Persons with Disability, senior citizens and their families.

THRUST AREAS:

Education, child rights, women rights - gender, livelihood rights, mitigating undernourishment, capacity building of individuals, Health - community based rehabilitation, promotion of good governance at all levels.

1. CAPACITY ENHANCEMENT OF RURAL WOMEN AND ADOLESCENT GIRLS (WOMEN EMPOWERMENT)

"There is nothing stronger than a broken woman who has rebuilt herself" - Hannah Gadsby

ACTIVITIES:

- ❖ Formation and strengthening of women SHGs
- ❖ Formation of SHGs for Adolescent girls and senior citizens
- ❖ Strengthening of women federation for economic and programme sustainability
- ❖ Awareness and training on leadership, health, Government schemes, gender sensitivity, human rights, importance of education and Income generation programmes
- ❖ Livelihood options for women through self-employment such as petty shops, tailoring, cloth sale, sheep rearing, animal husbandry, Roti making, Masala powder preparation with financial assistance of Rs. 10,000/- each
- ❖ Facilitation of credit requirement for women to undertake income generation activities
- ❖ Network with Government departments and NGOs for health camps, Government schemes and loan for IGP
- ❖ Facilitation for availing Government schemes and entitlements
- ❖ Promotion of women micro entrepreneurs
- ❖ Celebration of International Women's Day and Girl Child Day

OUTCOME:

- ❖ 80 SHGs consisting of 1230 membership
- ❖ 800 people have participated in various trainings
- ❖ 30 women are engaged in IGPs by availing loan from various sources
- ❖ 87 women entrepreneurs - 30 petty shops, 15 tailoring, 20 sheep rearing, 15 animal husbandry, 5 roti making and 2 Masala making.
- ❖ 75 women enrolled for Sandhya Suraksha Yojane and widow pension
- ❖ 250 women have worked for MGNREGA and availed wages worth Rs. 23,00,000/-
- ❖ 600 hundred women participated in International Women's Day organized at Zonal level
- ❖ 175 adolescent girls have become members of SHGs



- ❖ 30 senior citizens are members of Senior Citizens' SHGs
- ❖ 90 adolescent girls participated in trainings and awareness programmes and benefited from it.



2. EMPOWERMENT OF PEOPLE WITH DISABILITY (PwD)

"The strong people stand up for themselves but the stronger people stand up for others"

- Chris Gardner



ACTIVITIES:

- ❖ Strengthening of the existing SHGs
- ❖ Strengthening of Nava Jeevana Vikala Chethanara Taluk federation for sustainability and issue-based activities
- ❖ Motivating the PwDs to engage in self-employment and the follow up of the self-employed
- ❖ Financial support to start self-employment
- ❖ Support for education of children, medication and physiotherapy
- ❖ Provision of aids and appliances
- ❖ Referral services for the mentally ill people - collaboration with Taluk Primary health services
- ❖ Capacity building through awareness and trainings on economic, social, education, empowerment and livelihood
- ❖ Facilitating to avail Government schemes and benefits, especially 5% grant set aside for PwDs
- ❖ Advocacy and lobby for 5% grants in collaboration with District federation for People with Disability
- ❖ Celebration of International Day of Persons with Disability in December 2023



OUTCOME:

- ❖ 25 SHGs of PwDs with the membership of 480 people
- ❖ 250 people participated in the International Day of People with Disability
- ❖ 35 PwDs have worked under MGNREGA and received their wages
- ❖ 200 mentally ill people received free medical care and support in collaboration with District Mental Health Programme
- ❖ The PwDs have received 30 sewing machines, 4 tricycles, 10 aids and appliances
- ❖ 8 PwDs are members of District Level Federation
- ❖ 10 PwDs received Rs. 10,000/- each as help for Income generation Programme
- ❖ 300 people participated in awareness and training programmes
- ❖ 83 PwDs availed Government schemes like UDID cards, bus passes and train passes



03. Education Program - Supportive Activities:

- Yoga and exercises for the students on every Saturday
- Along with the enhancement of knowledge and intellectual development, the spirit of integrity and unity in diversity is promoted through the celebration of important days such as Independence Day, teachers' day, Gandhi Jayanthi, children's day, Constitution day, Kalyana Karnataka freedom day and Republic day.
- Orientation programmes and seminars to equip the students with life skills and value-based foundation to adapt to the changing life situations.
- Capacity enhancement and orientation programmes to motivate and update the knowledge of teachers
- Singing, dance, essay writing, drawing, quiz, role play and sports competitions to promote the talents of the students.
- Online/offline programmes to prepare the students to appear for board exams stress-free.
- Awareness on de-worming, elephantiasis, HIV/AIDS, and Teen Star programmes in collaboration with health department
- Regular special classes for SSLC students
- School Day celebration of Helen's Kinder Garten and Helen's High school and PU college
- Installation of safety measures such as CCTV and fire extinguisher to comply with requirements
- Installation of digital boards for smart classes
- Next Education syllabus is introduced to kindergarten

OUTCOME:

- ✓ Increase in school strength - Kindergarten 190, HS - 120 and PU 50
- ✓ Formation of 4 association/clubs for High school and PU students to promote healthy competitions
- ✓ 88 students appeared for SSLC Board Exam and 29 students for PUC Board Exam, tension free.

"The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well"

- Ralph Waldo Emerson



III. NAVAJEEVAN - HIRGAN

"The best way to find yourself, is to lose yourself, in the service of others" - Mahatma Gandhiji.

Navajeevan - a unit of Franciscan Sisters of Mary, Hosadurga, in collaboration with the local institutions work towards the family development, the education of children, women and youth empowerment.

01. Activities through Health commission:

- a. **Foot and Pulse theory seminar:** The foot and pulse theory is also known as reflexology suggests that specific points on the feet correspond to organs and systems in the body. By applying pressure to these points practitioners believe, they can promote health and well-being throughout body. It is based on the idea that the body's energy flows through these pathways and stimulating them can restore balance and alleviate ailments. This seminar was conducted for twenty-one days in September. It was very useful for the local community.
- b. **First Aid Seminar:** conducted in the month of August by Dr Anil Pinto trained the people how to give first aid for various simple health issues, especially for those who consume poison and those bitten by poisonous snakes.

02. Family development activities:

"We cannot live only for ourselves, a thousand fibers, connect us, with our fellow beings"-Hanuman Melville. We visit the families in the neighbourhood regularly, especially the lonely and sick and listen to their joys and sorrows and extend financial assistance the needy for the medical help. Counselling services are given to the Alcoholic and depressed persons in conflicts.

03. Youth Empowerment Activities:

"The future belongs to those who empower young people today"-Nelson Mandela.

- Two training programs on "Leadership" and "Positive outlook of life".
- One-day session for the Animators of Youth, which enabled them to recognize their gifts and talents, and also their responsibilities.
- Half a day session for the youth on social media.



04. Women (SHG) Empowerment Activities:

"When women are empowered, they can lift up their families, communities, and Nations"- Michelle Obama.

- Value addition workshop on "preparation of mango pickle and preservation of the fruits".
- Celebration of environment day, with a session on 'farming & agriculture', and distribution of saplings to all the participants.
- Bank literacy session – nominee for the account, interest rates, common rules & regulations.
- Shramadhan - cleanliness drive - collaboration with swatch Bharath Abhiyan by cleaning the road.
- Voters' education campaign and assisting to enroll for electoral card.
- Training on "self-employment".
- Participation in "Our Dress is our Right" campaign.
- Mobilizing contributions and construction of house for a poor family.
- Celebration of women's day and the Decennial of the unit.



05. Educational Activities:

"To teach is to touch a life forever".



Main extra-curricular activities of the year:

- Celebration of Environment Day, Vanamahotsava, all the National feasts, teachers' day, and children's day to inculcate values in the children.
- Observation of International Yoga Day.
- Special coaching for spoken English.
- Distribution of free uniforms for poor students.
- Celebration of Annual days and talent days.
- Session on Nutritious food for the parents.
- Formation of Peace clubs in the schools.
- Medical camps.
- Regular weekly N.C.C classes and two N.C.C camps during the year.



NAVAJEEVAN TEAM



IV. O. L. NATIVITY - SHIRVA

"Life's persistent and most urgent question is 'what are you doing for others?'"

— Martin Luther King JR.

O.L. NATIVITY – a unit of Franciscan Sisters of Mary, Hosadurga strives towards forming better citizens through value-based education of the children and building harmonious families.

Major activities of the year

1. Family Development Activities

"Learn to light a candle in the darkest moments of someone's life. Be the light that helps others see; it is what gives life its deepest significance."- Roy T. Bennett.

- * Made Regular visits to the families especially where sick and elderly are residing and spent time with them, listening to them. It ensured care, comfort and joy in their loneliness.
- * Provided financial assistance to two families for medical treatment.
- * Provided grocery items to two deserving families.
- * Provided clothing for the poor children

2. Educational activities

Every human being is endowed with inherent potentialities that can be realised through adequate education. Educational support was extended to four students to pay the school fees, to buy note books and uniforms. The students of Don Bosco English Medium School are being accompanied through teaching service for their integral development.



3. Family Feast celebration with a bereaved family

One of the most important things we can do on this earth is to let people know they are not alone. On September 8th which is a family feast for the Mangaloreans. We invited our neighbouring lady and her son, who had lost their dear one due to cancer recently, to join us in the celebration. It was a joy for us to see the smile on their faces after a long time. Inviting them to join us was a compassionate and supportive gesture.

4. Visit to Ashram/Home for the aged

"It is easier to give a cup of rice to relieve hunger than to receive the loneliness and pain of someone unloved" Mother Teresa.

Many elderly and Persons with mental and physical challenges are confined to shelter homes experience loneliness and isolation, longing for companionship. In order to brighten their faces, a visit was arranged for the children's group to Old age home. It was a heartwarming event for the children as well as to the residents. The students performed songs, dances and skit. The children also conducted a few games. The residents enjoyed the performances and felt revived by the attention and care shown by the children. The visit not only brightened the day for the elderly residents but also left a lasting impact on the children fostering a spirit of mutual respect and solidarity.



O.L. NATIVITY TEAM



04. BOARD OF TRUSTEES & ADVISORIES



Nancy Rose Mary Lobo
Managing Trustee



Letitia Susheela Pias
Secretary



Sunitha Smitha D'Souza
Trustee



Mini Mathew
Trustee



Elsebeth
Trustee



Sheeba D'mello
Advisor

THANK YOU TO THE OUTGOING

MANAGING TRUSTEE



Zita D'Souza

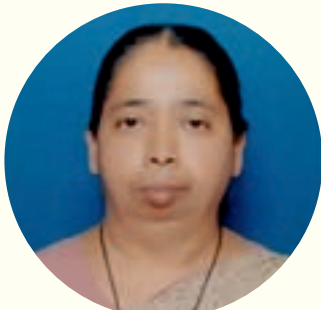
DIRECTOR OF NISARGA



Sunitha Smitha D'Souza

WELCOME TO INCOMING

MANAGING TRUSTEE



Nancy Rose Mary Lobo

DIRECTOR OF NISARGA



Maria Goretti Pinto

05. AUDITED FINANCIAL STATEMENT FOR 2023-24

FRANCISCAN SISTERS OF MARY, HOSADURGA BALANCE SHEET AS AT MARCH 31, 2024

PARTICULARS	SCHEDULE	AMOUNT (₹)
I. LIABILITIES		
Capital Fund	I	3,55,35,516
Building Fund	II	17,04,580
Specified Grants	III	66,05,131
TOTAL LIABILITIES		4,38,45,227
II. ASSETS		
Fixed Assets	IV	1,86,75,052
Investments	V	1,14,62,796
Other Current Assets	VI	1,41,313
Cash and Cash Equivalents	VII	1,35,66,066
TOTAL ASSETS		4,38,45,227

AS PER OUR REPORT OF EVEN DATE
FOR PHILLIPPOS & CO.,
CHARTERED ACCOUNTANTS
FIRM REG. No. 002650 S



NIKITA L. ANTONY
PARTNER

MEMBERSHIP NO. 239414
UDIN: 24239414BKDADY4823

PLACE: BANGALORE
DATE: 19/08/2024

FRANCISCAN SISTERS OF MARY, HOSADURGA INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31, 2024

PARTICULARS	SCHEDULE	AMOUNT (₹)
I. INCOME		
Donations, Contributions & Grants	VIII	67,34,638
Collections from Students	IX	40,89,650
Transfer from Specified Grants	X	59,46,031
Interest Income	XI	8,28,566
Other Income		21,470
TOTAL INCOME - (A)		1,76,20,355
II. EXPENDITURE		
Repairs & Maintenance	XII	3,88,843
Compensation to Employees	XIII	12,39,160
School Expenses	XIV	26,59,047
Specified Grant Expenditure	XV	59,46,031
Other Project Expenditure		32,29,179
Administrative Expenses		17,52,891
Charity & Social Welfare Activities		3,26,392
Depreciation		19,84,151
TOTAL EXPENDITURE - (B)		1,75,25,695
Excess of Income Over Expenditure [(A)-(B)]		94,660

AS PER OUR REPORT OF EVEN DATE
FOR PHILLIPPOS & CO.,
CHARTERED ACCOUNTANTS
FIRM REG. No. 002650 S



NIKITA L. ANTONY
PARTNER

MEMBERSHIP NO. 239414
UDIN: 24239414BKDADY4823

PLACE: BANGALORE
DATE: 19/08/2024

06. PARTNERS & SUPPORTERS



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Philanthropic
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**FRANCISCAN MISSIONARIES
OF MARY ROME**



**ASSOCIATION OF PEOPLE WITH
DISABILITY, Bengaluru**



**FRANZISKANER
HALFEN**



**OUR LADY OF CONSOLATION
AGED CARE & SERVICES,
AUSTRALIA**

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